

JOIN US!

CLOSING DATE - 30TH MARCH
OPEN INFO SESSION VIA ZOOM - 31ST MARCH



YOUTH ADVISORY GROUP (YAG)

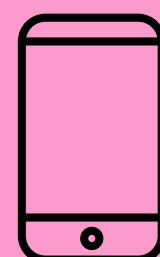
We aim to provide a platform for young people with lived experiences of **mental health** challenges to influence policies, services and awareness initiatives across Europe.

What is YOUTHreach?

An exciting EU-wide research project tackling the growing challenges around youth mental health. Together with young people we will evaluate 3 mental health services:



Accessible, free, walk-in centres



A smartphone-based self-help app



A hybrid online platform for support

Welcome to join us!

- If you are a person aged 18-25 years, with lived experience of mental health.
- If you can be active in our group for at least 6 months. We meet every two months.
- If you want to help shape youth mental health support!

What will you do?

- Co-produce materials.
- Analyse and review current mental health services.
- Provide recommendations to European policymakers and mental health organisations.
- Advocate for improved youth mental health services and reduced stigma.

HAPPY TO MEET YOU!



www.youth-reach.eu

For further information, or if you would like to join us, please scan the QR code or follow

<https://forms.office.com/e/NNZLGZgjHC>

Members of our YAG receive a compensation for their valuable contribution!



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the European Union

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